

Welcome to Action Behavior Centers



**ACTION
BEHAVIOR
CENTERS**

Our story

Action Behavior Centers began in Austin, Texas, with one center, one Board Certified Behavior Analyst® (BCBA®), and a dream. Seeing the long waitlists and lack of accessible therapy options for children with autism spectrum disorder (ASD), we decided to do something about it. Our goal was to create a bright, joyful, and welcoming space where children could learn and grow. Today, our commitment to this vision has allowed us to expand and touch the lives of more families than we ever imagined.

Since our humble beginnings, we have expanded to reach thousands of children and families across Arizona, Colorado, Illinois, Indiana, Minnesota, North Carolina, Pennsylvania, South Carolina, and Texas.

Families across the country have seen their children reach their clinical goals and graduate from our services, with many continuing on to neurotypical classroom environments. With a dedicated team of more than 12,000 autism professionals nationwide, we are committed to supporting autistic children every day through evidence-based applied behavior analysis (ABA) therapy. We are passionate about helping each child reach milestone moments and build a strong foundation for the future.



ABC promises

We promise to celebrate your child's individuality

We promise to help your child reach milestones moments

We promise to advocate for your child in everything we do

We promise to honor your family's dynamics and values

Our teammates

At the heart of every center is a team of highly engaged teammates who are dedicated to each child's well-being. Our team includes BCBA's, Registered Behavior Technicians® (RBTs®), and other qualified professionals specially trained in providing ABA therapy.

Our BCBA's are master's-level clinicians with extensive fieldwork experience in ABA therapy. Our RBTs are compassionate individuals who work one-on-one with your child to help them reduce target behaviors and learn new skills. Every member of our staff is committed to helping autistic children thrive and live fulfilling lives.





How we **serve** your child

At Action Behavior, our children are at the center of what we do. We seek to understand their world and celebrate their individuality. No two children with autism are alike, which is why we work with you to create an ABA therapy plan that meets your child's unique needs and honors your family's values.

When your child participates in our personalized ABA treatment, they can learn valuable social skills and begin to reach important developmental milestones. Our therapies are designed to unlock your child's strengths and abilities and prepare them for the future.

Experience the **ABC** difference

“ My child has definitely had a lot of improvement with ABA at ABC. He can even do things like tell me his name! I've definitely been working on doing things at home with him as well, like trying to mirror or mimic what they do during ABA. When the staff lets me know what they're working on during the day, I can work on those skills at home, too.

- ABC Parent ”

Individualized support

Children work closely with a dedicated team of BCBAs and RBTs. Treatment is personalized with goals built around each child's unique needs and delivered through one-on-one, compassionate care.



Immediate access to care

Early intervention makes all the difference. With conveniently located autism therapy centers, your child can start ABA therapy right away.



School readiness support

ABA therapy helps children build the skills they need for school, such as communication, social interaction, and executive function.



Coordinated care

We collaborate with your child's PT, OT, and speech therapists to provide sessions directly in our centers, allowing your child to access services in a familiar environment without extra transitions and travel.



Family Guidance

Parental involvement is essential for your child's ongoing success. Our Family Guidance sessions provide the support you need to help your child continue growing at home.



Proven outcomes

ABA therapy helps children learn and grow. Families at ABC often report reduced stress, and many children transition successfully into general education classrooms after graduating from our services.



Our clinical leaders

At ABC, clinical excellence is at the heart of everything we do. Our approach to ABA therapy is grounded in the latest evidence-based practices, delivered by highly trained clinicians who are passionate about making a meaningful difference in the lives of the children and families we serve. We prioritize individualized care, ensuring each treatment plan is tailored to the unique needs, strengths, and goals of every child. Through ongoing training, collaboration, and a commitment to compassionate care, we maintain the highest standards of quality and effectiveness. Our teams are united by a shared mission: to help each child reach milestone moments in a supportive, engaging, and respectful environment.

Our clinical leaders are highly respected within the autism research community and are deeply committed to advancing the field of ABA therapy through continuous learning, innovation, and development.



**Linda LeBlanc, Ph.D.,
BCBA-D**
*Executive Director of Action
Institute for Outcomes Research*



**Charna Mintz, Ph.D.,
BCBA-D**
Chief Clinical Officer



**Gregory Hanley, Ph.D.,
BCBA-D**
*Executive Director of
Compassionate Care*

Our autism therapy services

Center-based

Action Behavior Centers (ABC) offers individualized center-based ABA therapy to support children with autism. Our therapy rooms are fun and engaging and sessions are led by a caring team of Board Certified Behavior Analysts (BCBAs), Registered Behavior Technicians (RBTs), and Behavioral Therapists (BTs).

Center-based ABA therapy is best for children who:

- Need consistent therapy to reach specific behavioral or developmental goals
- Benefit from an environment that is distraction-free and tailored to their needs
- Thrive with one-on-one, personalized attention from trained professionals



Getting started with ABC is as easy as 1, 2, 3.

1

Connect with our team

Completing our online interest form takes about 3 minutes and is the first step in connecting with us. After you submit the form, we will call you to discuss your child's needs and explore your options at no cost.

2

Get autism evaluation support:

For many families, the period before receiving an autism diagnosis can be filled with uncertainty. Getting a diagnosis can bring relief and provide direction for parents, who can now better understand their child's needs. The earlier a child receives an autism diagnosis, the sooner they can start ABA therapy and begin meeting milestones.

If you are concerned about autism, and need your child evaluated, we can guide you toward the next step which may include an autism screener, or further assessment with the ADOS-2 or an Initial Diagnostic Evaluation (IDE). Contact us to find out more about which tools we offer in your area.



Online autism screening tools:

For toddlers – Take the **M-CHAT-R**
For older children – Take the **CAST**

3

Begin ABA therapy

If your child receives an autism diagnosis, and once we verify your insurance, we can begin ABA therapy.

But first, your child's assigned BCBA will conduct an assessment meeting with your family to identify your child's developmental needs and set therapy goals.



How we help families

Supporting the family is a key focus of our ABA treatment. As a parent, you will receive transparent and regular updates from our team throughout your child's journey with us. Parents and caregivers participate in twice-a-month Family Guidance sessions with their child's dedicated BCBA. These sessions provide families with valuable insights into their child's progress toward measurable goals, such as reducing target behaviors and improving communication skills.

At Action Behavior, we are more than just an autism therapy center. We're a supportive community that welcomes you and your child with open arms. We are here for every milestone, every challenge, and every success.

Working with your child's doctor

We highly value our relationships with providers in the community. With your consent, we will keep your child's doctor updated on your child's status, from initial evaluation to continued progress. Our teammates collaborate with your child's doctor to answer any questions they have and discuss any needed changes to the therapy plan.





86% of families report significant reductions in their child's challenging behaviors, such as aggression and property destruction, within the first year of ABA therapy at ABC.

97% of families would recommend ABA therapy at ABC to another family.

All centers are equipped with sensory-friendly rooms, spacious play areas, and state-of-the-art learning tools.

How to talk to your **healthcare provider** about ABC

1

Speak with your child's pediatrician

Talk to your child's healthcare provider about a potential referral to Action Behavior Centers for ABA therapy services.



2

The doctor sends the referral

Your child's provider will share your child's information, including insurance details and relevant medical records, with us via fax or encrypted email.



3

We take care of the rest

After receiving the referral, we'll contact your family to schedule a center tour and learn more about your child's needs. We'll handle insurance verification on your behalf and keep you and your child's doctor updated every step of the way.



Insurance coverage & financial assistance for **Minnesota**

Minnesota's autism insurance bill, HF 1233, was enacted in 2013 and covers individuals with autism under 18 years of age. Under this law, young people with autism can receive diagnosis and assessment services, early intensive behavioral interventions like ABA therapy, and therapeutic services like speech therapy. Exceptions may apply for consumer choice plans or small-business plans (50 or fewer employees). Action Behavior is proud to be in-network with the largest health insurers in the states we serve. The insurances we have worked with in the past include:

- Aetna
- Optum
- Health Partners

aetna®

Optum

 HealthPartners®

We are adding more each day, so please call us to discuss your specific plan.

Insurance coverage & financial assistance

Paying for ABA therapy doesn't have to be stressful

ABA therapy is covered by most private health insurance plans, and Action Behavior is in-network with the largest health insurers in the country. However, health insurance can be tricky to navigate. Our insurance specialists will check your insurance eligibility and handle the paperwork on your behalf. Allow us to do the heavy lifting so that you can focus on what truly matters: supporting your child.

Understanding your insurance benefits

Here's how we help:



We call your insurance company to verify your child's ABA therapy coverage, deductible information, and any out-of-pocket costs you may be responsible for.



If needed, we complete preauthorization paperwork. In this process, the therapy provider seeks approval for coverage from an insurance company by verifying that treatment is necessary.



At ABC, our insurance specialists handle the details, so you don't have to. We verify your child's ABA therapy coverage, complete any necessary preauthorization paperwork, and directly bill the insurance company for services.

Flexible out-of-pocket solutions

At Action Behavior Centers, we believe that every child should have access to the benefits of ABA therapy, regardless of their family's financial situation. Our financial assistance program is designed to help families that may be experiencing financial hardships. Action Behavior Centers offers income-based financial assistance for medically-necessary ABA services.

- ✓ **Maximum out-of-pocket (MOOP)** expenses are the most amount of money your family has to pay for healthcare expenses in a given year before your insurance covers the rest.
- ✓ Paying MOOP expenses can be a significant burden for some families, and we are committed to helping ease this financial stress.



Welcome to the ABC family!



*Children featured on this document are not affiliated with ABC services.

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